



# Cure JM Family Conference-Texas

Join over 50 other Cure JM families and some of the world's leading JM doctors for a spirited day of sharing and connecting with families, physicians, and researchers. Families will learn about the latest juvenile myositis research and treatments, while connecting with others.

**Brought to you by the Cure JM Clinical Care Network**

Saturday

March 2, 2024

9:30am - 4:00pm CST

Dell Children's Medical Center  
Signe Auditorium  
4900 Mueller Blvd  
Austin, TX 78723



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Cure JM



# Conference Agenda

**9:30-10:00**

**Registration and Welcome. Parents will check in kids and teens for their activities.**



**10:00-10:20**

## **Opening Remarks**

Brent Hauser, Director, Cure JM Board

**Brent Hauser**

**10:20-10:50**

## **First-Line Treatments and Why They Are Important**

Dr. MaiLan Nguyen, Texas Children's Hospital

Understand the protocols for first-line treatments, the most important things to discuss with your doctor, what side effects might occur, and how to best manage them.

**Dr. MaiLan Nguye**

**10:50-11:20**

## **Second-Line Treatments and What You Need to Know**

Dr. Julie Fuller, Scottish Rite for Children

Learn about the common second-line treatments, when and why they're necessary, what to expect, and some practical advice and answers to commonly asked questions.



**Dr. Fuller**

**11:30-12:00**

## **Panel Q&A with All Attending Doctors**

Moderated by Tim Shelby and Julie Houpt, Cure JM Board

Doctors will answer audience questions on topics of interest including nutrition, tapering medication, and new research on the horizon.



**Julie Houpt**



**Tim Shelby**

**12:00-1:00**

**Lunch and Social Hour**

# Agenda Continued



**1:00-1:30**

## **Exercise and Nutrition**

Dr. Vy Do, Dell Children's Medical Center

Learn vital information about how exercise and nutrition help manage JM. What works? What should parents watch for? Obtain practical tips and techniques you can use immediately.

**Dr. Vy Do**



**1:30-2:00**

## **Common JM Labs and What They Mean**

Dr. Ruy Carrasco, Children's Neurology Consultants of Austin

Dr. Ruy Carrasco will help us understand what labs measure, how families can use labs as a tool in their child's care, and new and emerging tools that can be useful in determining the effectiveness of different treatment plans.

**Dr. Ruy Carrasco**



**2:00-2:30**

## **Transition from Pediatric to Adult Care**

Dr. Ankur Kamdar, UT Physicians, Texas Medical Center

Learn strategies for parents or caregivers to aid JM kids transitioning from pediatric to adult care. The transition aims to optimize health and assist youth in reaching their full potential and may begin with patients beginning to take an age-appropriate role in their care as early as the tween years.

**Dr. Ankur Kamdar**

**2:40-3:00**

## **Teens and Child Perspective: A Q&A led by Teens**

Teens and young adults will share their experiences growing up with JM, share what they want parents to know, and answer questions. This is one of our most popular sessions.



**3:00-3:45**

## **The Importance of Research & Clinical Trials**

Dr. Andrew Heaton, Cure JM, Chief Scientific Officer

Hear about the latest JM research and clinical trials. Learn how they can change the future from diagnosis to treatments, with fewer side effects and better results.

**Dr. Andrew Heaton**



**3:45**

## **Closing Remarks**

Julie Houpt, Cure JM Board

Julie will wrap up the event and share about upcoming events across Texas.

**Julie Houpt**

# Bring the Whole Family!

Supervised activities for children and teens, including siblings, will take place in separate rooms. We are planning art activities, games, a magician, and more to entertain kids.

Teens can enjoy a fun social time with other teens and young adults.





# RSVP to attend

<https://CureJMTexas.eventbrite.com>

or scan the QR code



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